



## JUNE 2017: K-8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			<b>New York Thursday 1</b> <b>Mexicali Chili</b> Warm Taco Boat  Served with Rice and Salsa  <u><b>Eat Your Colors</b></u> Confetti Corn <u><b>Salad Bar</b></u> Kale Salad Fresh New York Apples	<b>Classic Cheese Flatbread Pizza</b>  <u><b>Eat Your Colors</b></u> Ranch Carrot Snackers  <u><b>Salad Bar</b></u> Broccoli Salad
5	6	7	8	9
<b>Spinach &amp; Cheese Ravioli</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Super Hero Spinach  <u><b>Salad Bar</b></u> Broccoli & Cauliflower Salad	<b>Red, White and Green Panini</b>  <u><b>Eat Your Colors</b></u> Sweet Potato Waffle Fries  <u><b>Salad Bar</b></u> Cilantro Cole Slaw	<b>Vegetarian Chili</b> Warm Taco Boat Served with Rice and Salsa  <u><b>Eat Your Colors</b></u> Confetti Corn <u><b>Salad Bar</b></u> Radish Salad with Orange Vinaigrette	<b>Anniversary Day</b> <b>Lentil Sloppy Joe</b> on a warm bun  <u><b>Eat Your Colors</b></u> Cucumber Salad  <u><b>Salad Bar</b></u> Strawberry and Cucumber Salad New York Apple Slices	<b>Classic Grilled Cheese Sandwich</b>  <u><b>Eat Your Colors</b></u> Cold Bean Salad  <u><b>Salad Bar</b></u> Spinach & Cranberry Salad
12	13	14	15	16
<b>Pasta Fagioli</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Broccoli  <u><b>Salad Bar</b></u> Spring Mix Salad	<b>Red, White and Green Panini</b>  <u><b>Eat Your Colors</b></u> Sweet Potato Waffle Fries  <u><b>Salad Bar</b></u> Greek Zucchini Salad	<b>Braised Black Beans with Plantains</b> Served with Rice  <u><b>Eat Your Colors</b></u> Sweet Plantains Roasted Zucchini  <u><b>Salad Bar</b></u> Fresh Cilantro Slaw	<b>New York Thursday</b> <b>Zesty BBQ Crunchy Tofu</b> Corn Bread  <u><b>Eat Your Colors</b></u> Mashed Potatoes  <u><b>Salad Bar</b></u> Spring Mix Salad Fresh New York Apples	<b>Spinach &amp; Cheese Ravioli</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Chickpea Salad  <u><b>Salad Bar</b></u> Spinach, Tomato & Roasted Red Pepper Salad
19	20	21	22	23
<b>Cheese Baked Rotini</b> Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Super Hero Spinach  <u><b>Salad Bar</b></u> Sliced Cucumbers	<b>Veggie Quesadillas</b> Served with Salsa  <u><b>Eat Your Colors</b></u> Sweet Potato Wedges  <u><b>Salad Bar</b></u> Cucumber Salad	<b>Teriyaki Crunchy Tofu</b>  Served with Rice  <u><b>Eat Your Colors</b></u> Stir Fry Vegetables  <u><b>Salad Bar</b></u> Spring Mix Salad	<b>New York Thursday</b> <b>Falafel-Rito</b>  <u><b>Eat Your Colors</b></u> Seasoned Wedge Fries  <u><b>Salad Bar</b></u> Kale Salad New York Apple Slices	<b>Classic Cheese Flatbread Pizza</b>  <u><b>Eat Your Colors</b></u> Cold Bean Salad  <u><b>Salad Bar</b></u> Cucumber Salad
26	27	28	29	30
<b>Eid al-Fitr</b> <b>Pasta Fagioli</b>  Whole Wheat Dinner Roll  <u><b>Eat Your Colors</b></u> Broccoli  <u><b>Salad Bar</b></u> Spring Mix Salad	<b>Super Hero Spinach Wrap</b>  <u><b>Eat Your Colors</b></u> Chickpea Salad  <u><b>Salad Bar</b></u> Spinach, Tomato & Roasted Red Pepper Salad	<b>Last Day of Classes</b> <b>Stewed Lentils</b> Served with Rice  Buttermilk Biscuit  <u><b>Eat Your Colors</b></u> Roasted Zucchini  <u><b>Salad Bar</b></u> Celery & Apple Salad	<b>Summer Session Begins</b> <b>Mexicali Chili</b> Warm Taco Boat Served with Rice and Salsa  <u><b>Eat Your Colors</b></u> Confetti Corn <u><b>Salad Bar</b></u> Kale Salad Fresh New York Apples	<b>Spinach &amp; Cheese Ravioli</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Ranch Carrot Snackers  <u><b>Salad Bar</b></u> Broccoli Salad

**Offered Daily:** Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, Cold Cheese and Classic Grilled Cheese Sandwiches, Hummus & Pretzel Grab & Go  
**Flavor Station:** Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano  
**Condiments:** Ketchup, Mustard, Hot Sauce  
**Homemade Dressings:** Balsamic Vinaigrette, Caesar, Honey Mustard, Italian Vinaigrette

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MENUS ARE SUBJECT TO CHANGE